

## Measles Act on Card: Schools Settings – Measles & MMR Immunisation Conversations with Parents

### What are the signs of measles?

Measles is a highly infectious condition that can cause serious illness and in rare cases be fatal; the first signs of measles are:

- High temperature;
- Runny or blocked nose;
- Sneezing;
- Cough;
- Red, sore, watery eyes;
- A rash will usually appear a few days after cold-like symptoms (sometimes starts around the ears before spreading to the rest of the body).

Measles can cause complications, especially in certain at-

This is especially important when measles is circulating because any child or adult who has not had **at least one dose of MMR** and comes into contact with a person with measles will have to be **excluded from nursery, school or work for 21 days.**